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Your essential daily news | TUESDAY, OCTOBER 13, 2015

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JEFF HARPER/METRO

HIT OR MISS
**ADVANCE POLLING
STATIONS SEE LONG AND
SHORT LINES** **metroNEWS**

Group plans action against Fall River quarry



**Haley
Ryan**
Metro | Halifax

The approval for a controversial quarry near Fall River has one group planning action that could go to the province's Supreme Court.

This Wednesday at 6:30 p.m. at Ash Lee Jefferson School, Stop the Fall River Quarry is hosting a public meeting to bring people up-to-date on the Scotian Materials project that was approved by the province three weeks ago.

"There's a lot of reasons why this isn't a good idea," group member Stacey Rudderham said Monday.

Rudderham said they are filing an appeal to the minister of environment since the approval went through without public consultation, an environmental assessment, the local MLA's input and is against municipal zoning.

The city is also appealing the decision in the Supreme Court of Canada.

Concerns around the quarry are that it could contaminate water in nearby lakes, as well as bring noise and dust pollution into an area with many schools, Rudderham said.



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Host households and their guests enjoy dinner as part of the Share Thanksgiving project this past weekend. COURTESY CAROLINA ANDRADE

‘Feeling part of a community’

SHARING

Thanksgiving matches Nova Scotia families to newcomers



Haley Ryan
Metro | Halifax

Hundreds of Nova Scotian families served up a side of friendship this Thanksgiving weekend.

For the second year, Engage Nova Scotia matched Canadians to newcomers and international students through the Share Thanksgiving project, which saw 250 families gather together for dinner.

“It’s a really rewarding thing to be a part of,” said Nancy Watson, managing director of Engage, a non-profit aimed at increasing collaboration in communities.

“You hear so many ... stories of people who’ve sent us thank you notes and whose lives and hearts have been opened by

the people that they’ve met.”

Watson said the 250 families (2-1/2 times more than last year) include both guests and hosts, ranging from large extended families to single people or couples who are matched with newcomers from China, African and Arabic countries, or elsewhere.

Estimating by the average extended family size, Watson said there were likely more than 1,000 people involved this year.

Although Nova Scotia was one of many provinces that

participated in the national project last year and matched more families than any other jurisdiction besides Toronto, Watson said this Thanksgiving saw only Nova Scotia officially on board.

“I guess we have no competitors but I’m sure we would have won in straight numbers ... anyway,” Watson said with a laugh.

Although Watson said there were a cluster of hosts in the Halifax region, the whole province took part, especially those in university towns, where

international students were made welcome in different homes.

The Syrian refugee crisis and call from the Ivany report to increase the number of newcomers to Nova Scotia makes the project especially important and topical this fall, Watson said.

“(For) people who are here and struggling to build new lives, a simple thing like this can mean the difference between feeling part of a community and not,” Watson said.

Watson said its not a matter of willingness, since most Nova Scotians want to help immigrants stay here, but often don’t know exactly what to do.

Those families who are matched have all said they tend to stay in touch with their new connections throughout the year, Watson said.

“It allows us to be our best selves and be the kind of people and build the kind of community that we want to live in,” Watson said.

“It’s just a win-win all the way around.”

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Advance polls popular

ELECTION 2015

**34 per cent
higher turnout
in Atlantic
than 2011**



**Haley
Ryan**
Metro | Halifax

The last day of advance polls was a “hit or miss” experience for many across the Halifax area, thanks to a huge jump in voter turnout.

On Monday, many who lined up to cast their ballot at the CNIB poll station on Almon Street in Halifax waited for over an hour, while stations in Dartmouth and Halifax West saw people in and out within minutes.

“It’s a bit of a bittersweet sight to see lots of people voting but everybody waiting,” Charles Bourne, 26, said at Almon Street, where he had been in line for 45 minutes and still had dozens in front of him.

“It’s frustrating.” Bourne said voting in the



Voters line up Monday at the CNIB on Almon Street. JEFF HARPER/METRO

advance polls seemed “hit or miss” around the area, since his father was done very quickly in his own riding.

Other people in line said they had seen a few give up due to the length of time, including an older man who had knee replacements and couldn’t stand



**There’s a bit of
streamlining that
could be done.**

Voter Steve Parcell

for very long.

Elections Canada estimated about 850,000 people voted Friday and 780,000 voted Saturday, with a total approximating 1.642 million over the first two days.

Françoise Enguehard, regional spokeswoman for the At-

lantic provinces, said Monday that represented a 34 per cent higher turnout than showed up for advance polls in 2011.

Long lines have been reported across the country, but Enguehard said that’s to be expected.

“We had prepared for a larger number, but that exceeded our expectations,” Enguehard said, adding advance polls take longer because they’re “more convoluted.”

Anyone who votes before Oct. 19 has to have their name, address and other information written down and their ID examined by a returning officer before signing a form, she said, in order to ensure no one could vote twice.

Most stations have one ballot box and poll clerk, Enguehard said, and it’s not easy to add more tables to help speed things along.

Steve Parcell, who took about an hour and 15 minutes to vote, said doing the same in municipal and provincial elections is much faster.

“It’s a very careful process, but, gee, it takes time,” Parcell said.

ROADS

Girl, 5, hit by car

A five-year-old girl ended up in hospital Monday morning after being hit by a car in the city’s south end, Halifax Regional Police said.

The collision happened on the 5900 block of Inglis Street at about 10:40 a.m., when the car involved was travelling westbound, according to a police news release.

Paramedics took the girl to the IWK Health Centre in Halifax, where she was being treated Monday afternoon. Police said her injuries are believed to be non-life-threatening.

The street was closed between Robie Street and Tower Road while investigators surveyed the scene.

Police spokeswoman Sgt. Christina Martin said charges aren’t anticipated in this case, as it appears this truly was “an accident,” with the driver likely unable to see the child, who had stumbled onto the road while playing nearby.

KRISTEN LIPSCOMBE/METRO

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Vehicle crashes into lake, female occupant injured

ROAD SAFETY

Halifax RCMP investigators say alcohol was not a factor



Kristen Lipscombe
Metro | Halifax

A male driver and female passenger weren't seriously injured Monday morning after their Mustang convertible went off Waverley Road and crashed into Lake William, according to the Mounties.

"The male was able to get himself out of the vehicle, but the female was kind of trapped inside," Halifax RCMP Sgt. Linda Gray, of the

Lower Sackville detachment, said later Monday.

"So, the fire department assisted to get her out of the vehicle," Gray said of the call that came in around 11:10 a.m., near the civic address 1920 Waverley Rd.

"But she was able to walk to the ambulance herself," she said, adding the woman was transported to hospital by paramedics "just for more of a precautionary check-up, than anything."

"No serious injuries, luckily," Gray said.

Gray said alcohol wasn't a factor in the crash, but added the cause is still under investigation by police. She couldn't say whether or not speed was a factor in the collision, which

resulted in extensive damage to the car.

The male was able to get himself out of the vehicle.

Linda Gray



Tow operators get ready to remove a car that ended up in Lake William near Waverley Road on Monday. JEFF HARPER/METRO

IN BRIEF

Man arrested following gun scare at hospital

Police received a report of someone near the Queen Elizabeth II Health Sciences Centre with a firearm. Around 4 p.m. Sunday, Halifax Regional Police saw an 18-year-old man outside the hospital in the Bell Road area and took him into custody. Police said the firearm was believed to be a replica handgun. METRO

Woman robbed at ATM

A man threatened to stab a 21-year-old woman during an ATM robbery in Halifax on Saturday night, police said. Police say the male suspect fled the scene, and the woman wasn't injured. The suspect was described as a white man aged 30 to 40, wearing jeans and a black hoodie. METRO

ATV rider dies in accident

A man died following an all-terrain vehicle crash in central Nova Scotia. Police say he left his home near Truro Friday night. His family went looking for him Saturday morning, and found his dead body pinned under the overturned ATV. METRO

FOOD

Carrot co-op grocer set to close



Zane Woodford
Metro | Halifax

Halifax's community-owned grocery store is closing, but it may not be gone for good.

The Community Carrot on Gottingen Street sent an email to its members Friday, explaining that it did not have "sufficient capital to continue operating with (its) current monthly losses."

The co-op grocer said it's "winding down the operation"

and closing by the end of next week.

The email, from the Carrot's board of directors, said it's closing now so that it can keep enough money left over to pay its staff, suppliers and creditors, and take some time to allow the board to spend the winter trying to develop a new business strategy.

The board also thanked the Carrot's members for the support it has received from the community.

"The Carrot has managed to bring together an incred-

ible group of people who have worked to create something in their community that they care about," the email said.

"We are grateful to you for this opportunity."

Members are urged to go to the next meeting Oct. 17 to discuss the grocer's next steps.

The store opened just over a year ago on Oct. 4, 2014.

Board chairman Norman Greenberg told Metro at the time that the space was purchased with \$115,000 that the Carrot won in an Aviva Insurance contest nearly three years ago.



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November 16, 23 & 30

Essential Skills for Today's Workplace (4 sessions)
November 5, 6, 12 & 13

Job Search over 45 (3 sessions)
October 27, 28 & 29

Personality Dimensions
October 20

Halifax West: Anything is possible

🍁 ELECTION 2015



Zane Woodford
Metro | Halifax

It might be hard to shake Geoff Regan out of office, but after a close call in 2011, anything is possible in Halifax West.

The Liberal incumbent — and son of former MP and Nova Scotia premier Gerald Regan — has held the riding since 2000, and was its MP from 1993 to 1997 as well before being voted out for one term.

He was defeated by NDP candidate Gordon Earle.

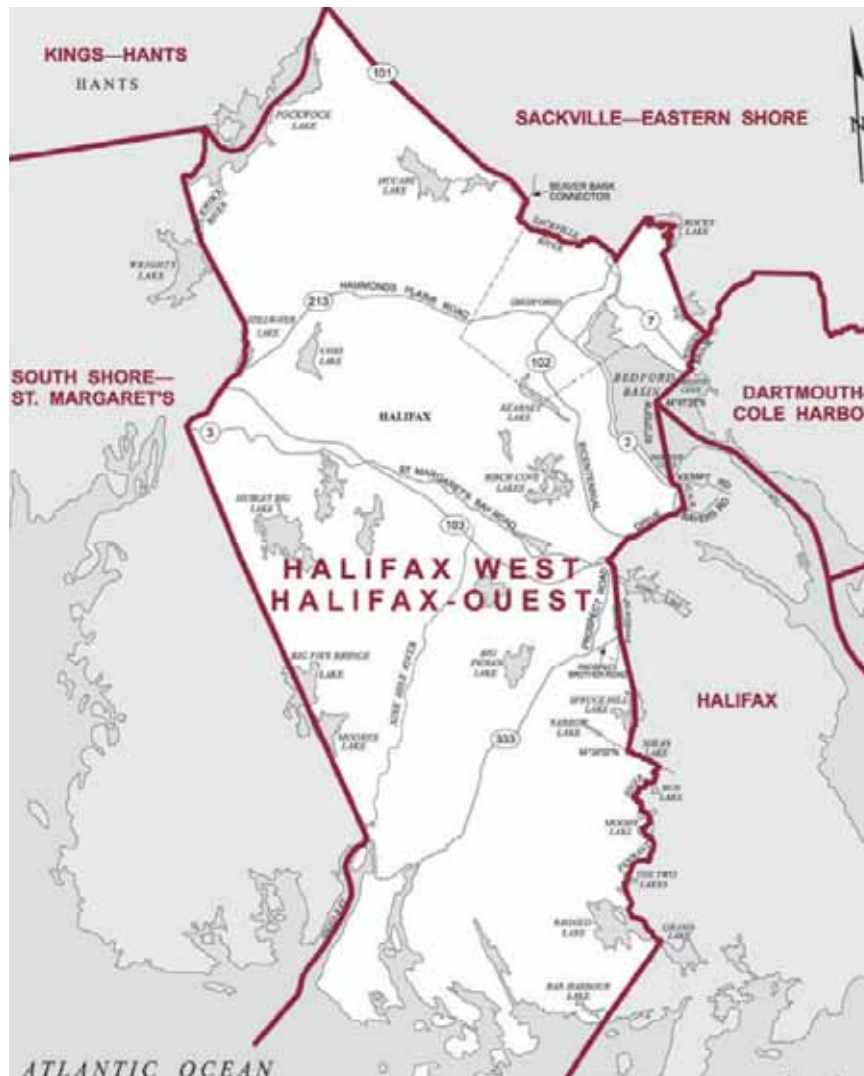
According to 2011 census data, the riding is Nova Scotia's most populated and most highly educated, has the highest level of employment and average income, and has the highest percentage of immigrant population.

The riding includes the densely populated communities of Bedford and Clayton Park, and extends southwest to Shad Bay, northeast to the Sackville River, and then northwest to Pockwock Lake.

Regan has battled with both the NDP and the Conservatives for the riding in the past.

Early on during election night in 2011, it looked like Regan might lose to NDP candidate Gregor Ash before all the votes were counted.

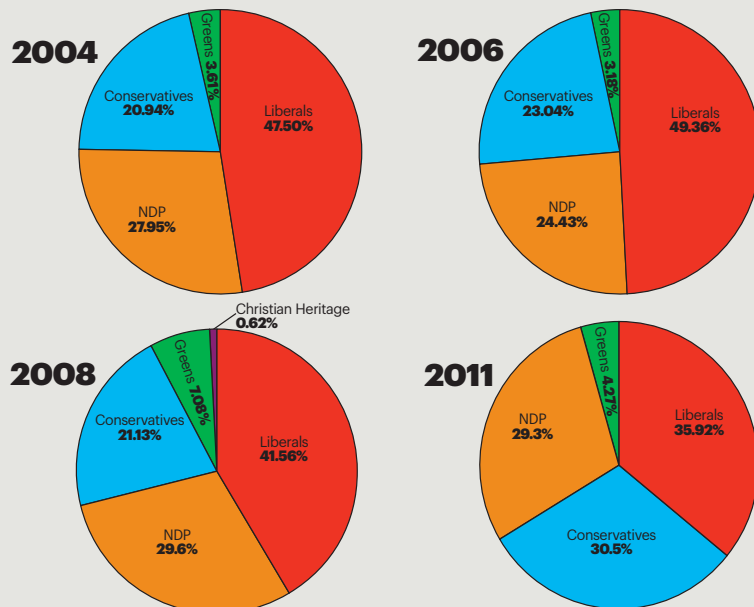
But in the end, Conservative candidate Bruce Pretty came in second, 2,000 votes shy of unseating Regan, with Ash about 500 votes behind him.



Do you know where to cast your ballot?

If you got a voter information card in the mail, it will tell you where to go to vote on election day.

If you didn't get a card, you can check to see if you're registered to vote by calling Elections Canada at 1-800-463-6868, checking online at elections.ca or by going to your local Elections Canada returning office at 90 Lovett Lake Ct., Suite 401.



PAST ELECTION RESULTS SOURCED FROM PARLIAMENT OF CANADA WEBSITE

IN THEIR OWN WORDS Why they deserve your vote

Michael McGinnis

Conservative

I continue to hold directorships on the Halifax Community Health Board, Community Justice Society, Youth Project and membership on the Addictions and Mental Health Public Advisory Committee, as well as Group Commissioner of the 26th Scouts. My experience includes 16 years of military service and years in training instructor, accounting and management. These experiences have given me an understanding of achieving results in challenging situations.



CONTRIBUTED

Richard Zurawski

Green

Perhaps this is what is wrong with the system of getting people out to vote. Let me throw this out to you. Perhaps the media, like your paper, should be more than a collection of sound bites, which ultimately misinforms because of gross generalizations due to the perceived need for "gotcha" moments. This, in fact, is almost offensive, reducing platforms, dialogues and cogent thoughts to a series of tweets. The voters and constituents deserve more than this.



CONTRIBUTED

Geoff Regan

Liberal

I've been a strong voice for Halifax West in the House of Commons. I've held 125 town hall meetings, and knocked on thousands of doors asking for feedback from constituents. This has helped me understand your priorities. That's why I'm excited about the Liberal plan to ensure shipbuilding jobs stay in Halifax, our commitment to invest in services such as transit and recreation facilities and our pledge to help middle-class families.



CONTRIBUTED

Joanne Hussey

NDP

Families are struggling to get ahead. There aren't enough childcare spaces so parents have to leave their careers to stay home. Seniors can't afford their medication costs and students are graduating with debts and fewer jobs available. The NDP has a concrete plan to help reduce income inequality, protect seniors, stop cuts to health care and bring affordable quality childcare for no more than \$15 a day. I'm ready to bring change to Halifax West.



CONTRIBUTED

Congratulations to our 2015 Community Fund partners

Bell is pleased to announce the 55 recipients of the Bell Let's Talk Community Fund for 2015.

Every year, the Bell Let's Talk Community Fund awards \$1 million in grants to community-based organizations working to increase access to care for Canadians living with a mental illness. Launched in 2011, the Fund has now provided \$5 million in grants to more than 270 grassroots groups in every region of Canada, each making a real difference in the mental health and wellbeing of their communities.

In September, we renewed the Bell Let's Talk mental health initiative for a further 5 years and increased Bell's total financial commitment to Canadian mental health to at least \$100 million.

To learn more about the Bell Let's Talk Community Fund and how to apply for a grant in 2016, please visit the Community Fund section of bell.ca/letstalk.

2015 Bell Let's Talk Community Fund Recipients

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Association canadienne pour la santé
mentale – filiale du Bas-du-Fleuve

Association Lavalloise de parents
et amis pour le bien-être mental
(ALPABEM)

Canadian Mental Health Association
– Cariboo Chilcotin Branch

Canadian Mental Health Association
– Simcoe County Branch

Canadian Mental Health Association
– Winnipeg Region

Canadian Mental Health Association
– Vancouver Fraser Branch

Carrefour jeunesse-emploi d'Abitibi-Est

Centre périnatal Le Berceau

Centre St-Pierre

CIPTO-LAB (Centre d'intervention
et prévention en toxicomanie,
point de service le LAB)

Children's Health Foundation

Communauté Nazareth

East Hants Family Resource Centre

Elizabeth Fry Society of Ottawa

Entraide Saint-Michel

Fédération des familles et amis
de la personne atteinte de maladie
mentale (FFAPAMM)

Fondation de l'Université de Sherbrooke

Fondation Marie-Vincent

Fondation Portage

Fondation Sainte-Croix/Heriot

Inuit Tapiriit Kanatami

JEVI Centre de prévention du suicide
– Estrie

Joseph Brant Hospital Foundation

Kindercare Foundation

La Fondation de ma vie

L'Arrêt-Source

La Maison du Père

Lanark County Mental Health – Perth
and Smiths Falls District Hospital

Le Pont de Rouyn-Noranda

L'Envolée, ressource alternative
en santé mentale

Lutherwood

Maison L'Éclaircie

Maison L'Éclaircie de Montréal

Malvern Family Resource Centre

Mental Health Association of Yukon

New Path Youth and Family Services

Newfoundland and Labrador English
School District

Nexus Youth Services

Northern Ontario School of Medicine

Okanagan Boys and Girls Clubs

Ontario Shores Foundation
for Mental Health

Parents' Lifelines of Eastern Ontario

Parkdale Activity-Recreation Centre

PECH

Schizophrenia Society of Alberta

Schizophrenia Society of Ontario

St. Michael's Hospital

Suicide Prevention Resource Centre

Take a Hike Youth At Risk Foundation

Toronto Rehab Foundation

Victoria Hospitals Foundation

West Nipissing Suicide Prevention
Task Force

YWCA Québec



Clara Hughes
Spokesperson





READY TO ENGAGE

Metro's coast-to-coast daily election series connects young, urban Canadians to the issues they care about

Using phrase 'women's issues' needs to stop



ROSEMARY WESTWOOD
Metro

If there's one thing every woman can agree on, it's a distaste for the term "women's issues."

The phrase has all the modernity of a knitted doily. But it has been used over and over again in this election, by politicians, by activists and by ordinary women heading to the polls.

One of the most surprising things about talking to young voters these past few weeks is how often I heard that phrase. From a university student in Alberta, from a small-business owner in

Ottawa, from women who I expected would emphasize other things, job prospects in the case of former, or tax policy in the later. Instead, almost every woman in my small sample size told me "women's issues" was top of their voting list.

Then, most of them told me how much they hate this term. Regardless of their political affiliations, their reasons are the same: Why segregate things important to half of Canadians into some kind of niche market? Why mischaracterize family issues, like child care, as belonging somehow only to women?

The answer has to be: we're stuck.

We're stuck somewhere in between the old sexist construction of society, and some new place of equality. One very articulate and persuasive young woman told me structural sexism in Canada has all but disappeared, but I can't agree. "Women's issues" is an ill-named talking point in this election precisely because, though it feels sometimes that we live in an equal society, statistically, we do not.

Of course, those who would argue that we don't need to advocate for women have a point: things are different these days. And if I only looked at my own life, which has been blessed in

a multitude of ways, I would probably agree that women and men are treated equally. (I found out otherwise only after telling one feminist professor in university that "feminism is dead")

Many things keep me hopeful. A women-only surfing competition in Tofino. Feminist-themed ads for Ronda Rousey's next UFC fight. Take also this conversation among pre-teens gushing about their future, as overheard by a friend.

"I'm going to do good in high school, and go to the University of Guelph, and then work in a lab so I can pay for my dorm!"

"I'm going to have a house

with TWO cars!"

"I'm going to go to college and have four dogs!"

"I'm going to live in MIAMI!"

Still, like other women I've talked to ahead of this election, I would vote on a "women's issues" ticket if I could. But no party is offering it. Some have nodded in its direction while forming their main message around your money (Liberals and NDP), some have ignored it all together (Conservatives). Elizabeth May is (unsurprisingly) by far the most impassioned, articulate and committed to addressing inequality, but she runs a party created to respond

to environmental issues, and she will not be our next prime minister.

Even the laudable Up For Debate effort, which saw every leader but Harper interviewed on women's issues, will hardly change the election outcome.

For it to do that, we'd have to stop using the phrase "women's issues" altogether. We'd have to see gender inequality as a generally Canadian problem.

The usefulness of such an antiquated phrase proves that we need to work harder to make it obsolete. If we don't find a new way of talking about it, the next election will be no different.

QUICK GUIDE: WOMEN'S ISSUES

Here's a breakdown of campaign promises and legislative measures from the **NDP**, **Liberals** and **Conservatives**.

CHILD CARE

NDP would:

- Honour expanded Universal Child Care Benefit.
- Create \$15-a-day national child care program.
- Create a million child-care spaces over eight years.

Liberals would:

- Introduce a tax-free monthly Canada Child Benefit for families with children and annual income below \$150,000.

Conservatives would:

- Increase Universal Child Care Benefit to \$160; add new monthly benefit of \$60 for children age six to 17.
- Introduce "income splitting" for couples.

ECONOMIC EQUALITY

NDP would:

- Introduce a 50% female quota for boards of federal organizations.
- 2011 bill eventually resulted in removal of tax on feminine hygiene products.

Liberals:

- No legislation or campaign promises

Conservatives:

- No legislation or campaign promises

VIOLENCE AGAINST WOMEN

NDP would:

- Invest \$40 million over four years to restore cuts to women's shelters.
- Called a national inquiry into murdered and missing aboriginal women.

Liberals:

- Called a national inquiry into murdered and missing aboriginal women.

Conservatives:

- Pledged to combat crimes against women via strict enforcement and stiff prison sentences.

CAMPAIGN MOMENT



A little selfie-indulgence

NDP Leader Tom Mulcair gets in on a group selfie in Maple Ridge, B.C.

PAUL CHIASSON/THE CANADIAN PRESS; RYAN REMIORZ/THE CANADIAN PRESS

Dartmouth General Hospital Foundation Welcomes Adrienne Malloy



The Dartmouth General Hospital Foundation Board is pleased to announce that Adrienne Malloy is their new President and CEO. Adrienne's 25-year career in fundraising has taken her to communities across Atlantic Canada and Ontario. Her passion for healthcare and the breadth of her experience with healthcare foundations and transformational fundraising campaigns makes her an ideal person to lead our Foundation.

For 40 years our Foundation has been fortunate to have the generous support of the community, providing more than \$40 million to the Dartmouth General Hospital to enhance patient care. As our Hospital expands its role in the delivery of healthcare, we will continue to foster a culture of giving to benefit the health and well being of the people served by our outstanding institution.



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Trudeau fires back at Harper

CAMPAIGN

Liberals go for middle class with promises of tax cuts



It might be a marathon election, but the top three party leaders are showing no signs of slowing down in the final week on the campaign trail.

Liberal leader Justin Trudeau drew a raucous crowd of about 300 supporters to Barrhaven on Thanksgiving Monday, a day when most people take the day to recover from their food coma.

That wasn't the case for the hundreds of people who lined the sidewalk to get inside campaign headquarters for Chandra Arya, the Liberal candidate in the hotly contested riding of Nepean.

The new riding will be one to watch after Tory incumbent



Liberal Leader Justin Trudeau speaks to a large crowd Monday inside the campaign headquarters of Chandra Arya, the Liberal candidate in Ottawa. JOE LOFARO/METRO

Pierre Poilievre's name will not be on the ballot for the first time in more than a decade. He's running in nearby Carleton, leaving Nepean up for grabs for fresh faces.

The Liberals and Conservatives are neck-and-neck in the riding, according to a poll con-

ducted for Postmedia released last week.

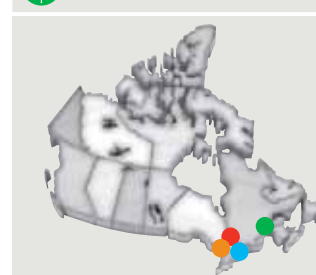
Trudeau's visit wasn't only a significant show of force; it could give Arya, a former high-tech executive, banker and engineer, a leg up in the close race.

"He's an incredibly strong part of a great Liberal team

right across Ottawa, right across the country that are going to make real change happen," Trudeau said of Arya to a loud round of applause from the crowd.

His speech spoke to the middle class voter, with a promise to introduce a tax cut for the

WHERE THE LEADERS ARE TUESDAY



• **Stephen Harper** will be in Toronto and London.

• **Justin Trudeau** will be in Toronto, Kitchener and Mannheim.

• **Tom Mulcair** will be in Oshawa, Toronto and Brampton.

• **Elizabeth May** will be in Nanaimo.

middle class and a child benefit if elected on Oct. 19.

"Unlike Stephen Harper's tax credits, you won't have to wait to get your money. You will see more money on your paycheque right away," said Trudeau.

Meanwhile, Conservative leader Stephen Harper took direct aim at Trudeau Monday in Waterloo, with a game-show style attack on tax credits he said the Liberal leader would eliminate.

"For some families, that could be a Liberal tax hike of up to \$2,000 a year," said Harper.

"These are real benefits. Only the Conservative party in this

election is committed to keeping these dollars where they belong — in the pockets of hard working Canadians."

But Trudeau fired back at the Conservative leader, saying he wouldn't be clawing back any of the boutique tax credits for families that Harper was warning about.

"It highlights that we have a Prime Minister right now who is busy misleading Canadians with untruths," said Trudeau.

"I'm going to let my opponents continue to focus on me. I'm staying focused on Canadians."

WITH FILES FROM THE CANADIAN PRESS

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Hundreds march in Turkey to condemn bomb attack

ISTANBUL

Nearly 100 protesters killed at rally on Saturday

Hundreds of people marched through Istanbul and the Turkish capital of Ankara on Monday to condemn the slaughter by suicide bombers at a weekend peace rally, with many venting their anger at the Turkish government itself.

Some demonstrators chanted: "The killer state will be held to account!"

Prime Minister Ahmet Davutoglu, however, rejected accusations by opponents that the government was to blame for the nearly simultaneous attacks Saturday, calling them "dangerous" and "dastardly."

He also denied that they were a result of Turkey's involvement in war in Syria and that the government was



Protesters in Istanbul stand by a barricade they set on fire during clashes with security forces Monday, following a protest against Saturday's Ankara attacks. CAGDAS ERDOGAN/THE ASSOCIATED PRESS

dragging the country into the Middle Eastern quagmire. The government believes two male suicide bombers killed at least

97 people and wounded hundreds at a rally Saturday in Ankara by opposition supporters and Kurdish activists.

"These attacks won't turn Turkey into a Syria," Davutoglu said.

Government opponents

have also accused President Recep Tayyip Erdogan of fomenting violence and ethnic tensions to gain votes for the ruling party in Turkey's Nov. 1 election — an accusation that the Turkish leader rejects.

In the last election in June, a Kurdish party gained support from voters, taking away the ruling party's majority in Parliament — and Erdogan wants that majority back.

Turkish investigators were close to identifying one of the two suicide bombers, the prime minister said Monday, adding that the Islamic State of Iraq and the Levant was the "No. 1 priority" of its investigation.

The rally Saturday was organized by Turkish and Kurdish activists to call for increased democracy and an end to the renewed fighting between Turkey's security forces and Kurdish rebels that has killed hundreds of soldiers, rebels and citizens since July.

THE ASSOCIATED PRESS

IN BRIEF

Trio arrested in Oregon sent back to California

Three transients accused of robbing and killing a Canadian backpacker and a yoga instructor with a stolen gun days apart have been sent back to California from Oregon, where they were arrested. Authorities say Sean Michael Angold, Morrison Haze Lampley and Lila Scott Alligood killed a 23-year-old backpacker in San Francisco's Golden Gate Park on Oct. 3 and then shot to death a 67-year-old tantra yoga teacher, whose body was on a trail north of the city.

THE ASSOCIATED PRESS

Mob kills village mayor

A mob killed a village mayor in western Guatemala in reprisal for an attack on a political rival that resulted in the death of two teenage girls, authorities said Monday.

Prosecutors' office spokeswoman Julia Barrera confirmed the death of 43-year-old Mayor Bacilio Juraan of Concepcion, a town about 180 kilometres west of Guatemala City.

THE ASSOCIATED PRESS

CSAP INSCRIPTIONS - MATERNELLE <small>Conseil scolaire acadien provincial</small> pour septembre 2016 dans toutes les écoles du CSAP		GRADE PRIMARY REGISTRATION for September 2016 in all CSAP schools	
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Pour être admissible à la maternelle, l'enfant doit avoir atteint l'âge de 5 ans au plus tard le 31 décembre 2016 . Pour plus d'information sur les critères d'admission, prière de contacter l'école.		Children being registered at primary level must be 5 years of age on or before December 31, 2016 . For more information on admission criteria, please contact your local school.	
La maîtrise de nos DEUX LANGUES OFFICIELLES est certainement un atout! Venez nous rencontrer et vous constaterez LES AVANTAGES de faire éduquer votre enfant dans la langue française. NOTRE PERSONNEL QUALIFIÉ vous attend le mardi 20 octobre 2015 à 19 h . Présentez-vous à l'école du CSAP la plus près de chez vous pour inscrire votre enfant.		To master BOTH OUR OFFICIAL LANGUAGES is certainly a plus! Come meet with us and you will learn about THE ADVANTAGES of having your child educated in the French language. OUR QUALIFIED STAFF will welcome you on Tuesday, October 20, 2015, at 7 p.m. Please go to the CSAP school closest to your home to register your child.	
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www.csap.ca		1-888-533-2727	

ISRAEL

Arab leaders incited stabbings: PM

Palestinians carried out three stabbings Monday in Jerusalem, leaving a teenage Israeli boy in critical condition, and Prime Minister Benjamin Netanyahu angrily accused the country's Arab leaders of helping incite weeks of violence. Two of the attackers, both

teenage boys, were killed.

In a fiery speech at parliament, Netanyahu accused Arab parties of "undermining" the country. He called on Israel's Arab citizens to "kick out the extremists among you." Netanyahu spoke on another bloody day, the latest in a monthlong

wave of Israeli-Palestinian violence.

In a new setback for efforts to restore calm, the Quartet of Mideast mediators — the U.S., the UN, the European Union and Russia — postponed a trip to the region.

THE ASSOCIATED PRESS

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Promises affect finances

ELECTION 2015

Tax breaks, child care part of pledges on campaign trail

The three major parties have made promises that will affect Canadians' personal finances.

The Conservatives have focused on highly targeted tax breaks to select groups, especially homeowners and seniors, while the Liberals promise sweeping tax breaks for the middle class. The New Democratic Party wants to boost the minimum wage and provide more affordable daycare.

Here's some of the promises:

Home ownership:

Conservatives: say they will increase the amount that first-time home buyers can withdraw from RRSPs from \$25,000 to \$35,000 and introduce a permanent home-renovation tax credit for up to 15 per cent of renovations.

Liberals: want to remove GST on new capital investments in



All federal parties are wooing the electorate with vows that their policies will help keep more disposable income in Canadians' pockets. THE CANADIAN PRESS FILE

affordable rental housing and expand the Home Buyers' Plan to allow Canadians hit by sudden life changes to use RRSP funds to buy a house without a tax penalty.

NDP: aim to build 10,000 affordable housing units.

Personal taxes:

Conservatives: say they'd maintain tax brackets.

Liberals: say they'd cut the tax rate to 20.5 per cent, from 22 per cent, for incomes between \$44,700 and \$89,401. Would introduce a new tax

bracket of 33 per cent for those earning more than \$200,000.

NDP: pledge not to raise personal income taxes.

Tax Free Savings Accounts:

Conservatives: would keep the \$10,000 increased annual

contribution limit announced in the 2015 federal budget.

Liberals: would roll back the TFSA limit to its pre-budget level of \$5,500 a year.

NDP: would roll back the TFSA limit to \$5,500 a year.

Child care:

Conservatives: raised the amount for a child under six to \$160 a month and introduced \$60 a month for children between six and 17 years.

Liberals: promise to combine social assistance into a monthly cheque for all families with children with incomes below \$150,000.

NDP: say they would introduce \$15-a-day national child-care program.

Minimum wage:

Conservatives: voted against an NDP motion in 2014 to raise the federal minimum wage to \$15.

Liberals: voted in favour of an NDP motion in 2014 to raise the federal minimum wage.

NDP: would reinstate the federal minimum wage and raise it to \$15 an hour.

TORSTAR NEWS SERVICE

IN BRIEF

Dell paying \$67 billion for data-storage firm EMC

Dell is buying data-storage company EMC in a deal valued at approximately \$67 billion US.

Shareholders of EMC Corp. will receive about \$33.15 US per share. Michael Dell will serve as chairman and CEO of the combined business. Dell Inc.'s headquarters will stay in Round Rock, Texas. THE ASSOCIATED PRESS

Five arrested in Air France union violence

French prosecutors say five people have been arrested in connection with an Air France union meeting brawl that left two executives shirtless.

During a meeting a week ago about fiercely contested job cuts at the money-losing airline, union activists assaulted the managers, including the airline's head of human resources, ripping off their shirts and prompting them to flee over a fence. The allegations of aggravated assault carry a maximum five years in prison. THE ASSOCIATED PRESS

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A new experiment, one of many similar, has reaffirmed the cancer-promoting properties of some antioxidants — showing again how hard it is to detoxify an entrenched idea from the public's mind.

the big number

44.8%

Was the voter turnout rate on First Nations reserves in Canada during the 2011 federal election — compared to a still-lacklustre 61 per cent rate in the country at large. Activist Deanna Carpenter got involved organizing voter registration clinics in the riding of Kenora, Ont., which is home to 40 different indigenous groups, after she discovered many people who try to register to vote online with a rural, remote or on-reserve address get an error message. Carpenter worried the Fair Elections Act, with its stricter ID requirements, might make the low-turnout problem even worse for people who don't have a driver's licence and may need time to send away for other types of ID. Along with former NDP candidate Tania Cameron, she's part of a Rock the Vote campaign — based in Kenora, but capturing attention across the country — that aims to increase turnout in aboriginal communities by 20 per cent this time around. There's a long tradition of ambivalence and even resistance to voting in Inuit, First Nations and Métis communities, where many people identify primarily as citizens of their First Nation or have lost trust in a government system they feel has failed them. Until 1960, Canada's indigenous peoples were not even allowed to vote or become citizens unless they agreed to surrender certain rights — including the right to live with their community on a reserve. SOURCE: CBC

Daycare leads to a life of crime? Not so fast



Tara-Michelle Ziniuk
For Metro

Lock up your toddlers. New research will have you thinking that sending them to daycare will lead to a life of crime. At least in the case of low-cost universal daycare.

Last month, a report from the National Bureau of Economic Research made waves for linking youth crime rates with Quebec's daycare system. Currently, parents in Quebec can access daycare for \$20 per day or less — the cheapest rates in the country. The study looked at all Quebec kids and compared them to kids in other provinces. The children from Quebec had academic success, but were unsuccessful in non-cognitive areas such as health, emotional stability and, most controversially, crime.

The link seems weak at

best. As part of their federal election platform, the NDP is proposing making low-cost daycare available to families across the country, an idea that is being commended by child-care advocates and parents nationwide.

The report makes this provocative link between daycare and crime without explaining why it might exist, or making any suggestions for correcting it. Some point to the methodology as problematic: Only half of the Quebec children studied were even in the daycare program. Economist Stephen Gordon is quoted saying this makes sense as, "The families who made use of the daycare program were not randomly selected; they chose to participate."

Is this true, though? As a parent with a limited income, in Ontario, I, like many other parents in similar situations, took whichever daycare spot came through after being

on waiting lists and waiting on a daycare subsidy. Not all spaces here are subsidized, and the ones that are aren't always at top-quality centres. Are parents who need low-cost daycare in Quebec in this position, too? Were the other half of Quebec families leaving their children with a stay-at-home parent or relative, private care, nannies? The study also fails to account for the reality that Quebec's system, though low-cost, isn't ideal. The province created a system it then didn't properly resource, then, in many cases, allowed for-profit private companies to take over care.

According to the Child-care Resource and Research Unit, for-profit daycare often lacks quality. "In order to find funds to ensure profits, profit-making operations are more likely to skimp on staffing, supplies, equipment and perhaps even food," the research institute wrote in a report.

We must consider that the research showing disappointing outcomes in Quebec could reflect the impact of the quality of care on crime rates, not the availability or cost of care.

Another report, from the Human Early Learning Partnership at the University of British Columbia, says studies maligning Quebec's daycare system contradict "nearly an entire generation of robust and consistent findings that demonstrate the positive effects of quality care on young children" and that "The 'findings' of increased aggression in children could just as easily be attributed to the children who were not enrolled in a child-care program."

If we give the benefit of the doubt to this latest study, then the take-away is that quality matters.

Tara-Michele Ziniuk is a freelance writer and blogger for Today's Parent magazine.

YOUR RIDE

We need mandatory side guards on trucks to keep cyclists safe

Erica Butler



More than a year after Johanna Dean was killed on her bike in a collision with a truck, another woman riding a bike has been struck and killed in Halifax.

In its statement of condolences to the victim's family, the Halifax Cycling Coalition reminded us of a simple way to keep people safer on our streets: side guards on heavy trucks.

Large trucks are especially dangerous in side collisions with pedestrians or cyclists, because people can easily slip under the truck and into the path of the rear tires.

Comb through city papers from across North America and you'll read what seems like the same report, over and over, with different names. Cyclists caught off guard by a right-turning truck, and then pulled under the rear wheels to their deaths.

This is where side guards come in. A panel or set of bars fastened to the side of a truck can help prevent people being drawn under its wheels.

The cycling coalition has asked the city to install side guards on all of their trucks, and require their contractors to do so, as well.

While it would be good for the city to step up here, as Portland, Boston and Montreal have, this is really a national issue. The fix is up to our federal leaders, and those who work for them at

Transport Canada.

Twice now, in 1998 and 2012, after investigating cycling deaths in the province, the Ontario coroner asked Transport Canada to make side guards mandatory on heavy trucks in Canada.

Side guards are mandatory in Europe and Japan. The U.S. National Transportation Safety Board has twice recommended they become national policy. In the U.K., where they are mandatory, there are now 61 per cent fewer fatalities in side collisions with trucks.

Back in 2011, then-MP Olivia Chow put forward a private member's bill to bring mandatory truck side guards to Canada. Like most such bills without a government to back them up, it went nowhere.

The police have yet to release the details of their investigation into the recent death on Purcells Cove Road, so it's anyone's guess if side guards would have made a difference in that situation.

But there's good reason to believe they would have helped prevent the death of Johanna Dean, and a long list of others killed in cities across the country in recent years.

We have a simple, uncontroversial way to prevent some needless deaths. Let's hope our next federal government will not wait for another tragedy before making truck side guards mandatory here.

Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.

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PHILOSOPHER CAT by Jason Logan



Double shift for winger author

ON THE SAME PAGE

You can't take the Leaf out of Zach Hyman's Hockey Hero kids book

Melissa Dunne
For Metro Canada

Athletes aren't exactly known for their book smarts.

And hockey players, in particular, are often depicted in books, movies and the news as monosyllabic, black-eyed, gap-toothed goons.

Zachary Hyman slams those stereotypes up against the boards.

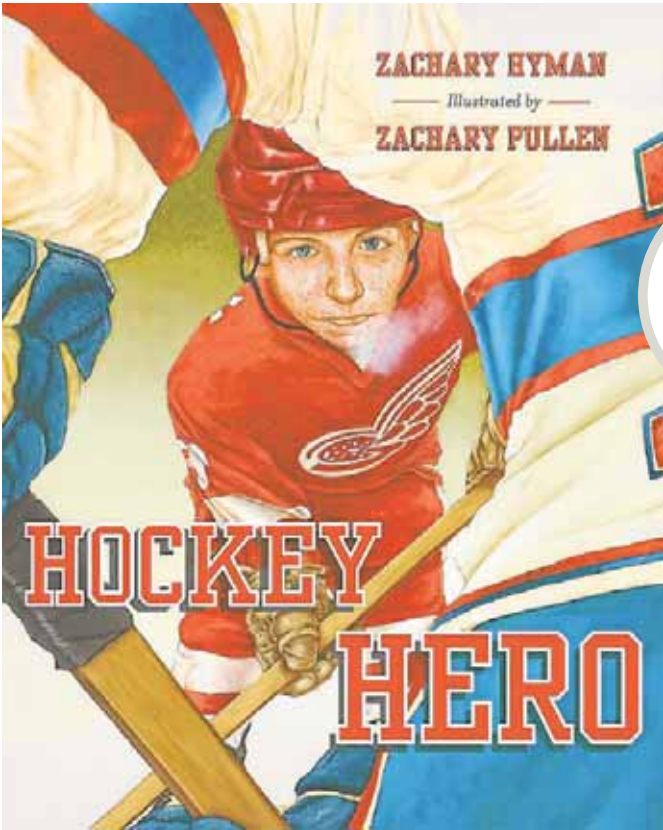
He's a hockey player in Toronto who isn't just hitting the ice with the pros this month — he's hitting the shelves with his second children's book Tuesday.

The 23-year-old was recently signed by the Toronto Maple Leafs, and he's also under contract to write two more books.

The athlete/author is confident he'll be able to stickhandle both writing and skating in the future. After all, he's found the pursuits of the body and the mind complement each other. He likes to write during his downtime as a way to relax and says the schedule of a hockey player can actually be helpful.

"In the off-season I have a lot of time on my hands," said Hyman by phone from Toronto earlier this month.

He's used that spare time off the ice very efficiently over the past few years. On top of writing



his children's books, he recently earned an honours degree in history from the University of Michigan. While still a student at Michigan he published his debut book, *The Bambino and Me*.

His second effort, *Hockey Hero*, is once again illustrated by award-winning illustrator Zachary Pullen.



The book tells the tale of how Tommy Toomay, an eight-year-old with a stutter, eventually finds his "hockey chutzpah."

Hyman certainly has no shortage of chutzpah, going after his passions at full tilt all his life. His free time over the years has been filled with the books familiar to many young men of his generation, from the Harry Potter series to the Game of Thrones books to, yes, the Canadian classic *The Hockey Sweater*.

BRAINY BRAWN
On top of writing children's books, Leafs acquisition Zach Hyman recently earned an honours degree in history.

"I've always loved reading," said the millennial. "I also enjoy writing ... it's an outlet."

While Hyman got sent down to the AHL's Marlies earlier this month, he's taking all the up and downs in stride (or should I say, glide).

Unlike some pro athletes Hyman clearly has brawn and brains. That's a combination that will surely continue to make him someone to be reckoned with on and off the ice.

I've always loved reading. I also enjoy writing ... it's an outlet.
Pro hockey player and children's book author
Zachary Hyman

WRITING FOR KIDS

Here are a few other athletes who've taken a swing at writing children's books over the years.

Derek Jeter
The retired New York Yankee now has his own publishing imprint and has already published two books aimed at middle-graders: *The Contract* and *Hit & Miss*. There are plans for many more books based on the shortstop's journey from gifted child to adult superstar.



R.A. Dickey
The Toronto Blue Jays pitcher published his anti-bullying picture book, *Knuckleball Ned*, last year. The famous ballplayer is also a famous bookworm, and says Ernest Hemingway's works helped him through a tough upbringing.



Dennis Rodman
Yep, the wild former Chicago Bulls player, co-wrote a kids book called *Dennis the Wild Bull* in 2013. Parents need not be concerned, this is not a followup to his autobiography *Bad As I Wanna Be* and apparently the brightly coloured kids book is dedicated to Rodman's real-life offspring. MELISSA DUNNE/FOR METRO



YOU'LL NEVER GUESS WHAT

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WILL PLAY NEXT

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WHENEVER!

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What's in processed foods and why

INGREDIENTS

New book takes objective look at 75 food additives

Eva
Kis
Metro | New York



There's a lot of finger-pointing going on in the food world about the role of what we eat — specifically processed food — in modern problems from metabolic disease to depression. Steve Ettlinger doesn't take sides, but he'd appreciate it if there were a little less noise and a little more science.

"I think it's important not to freak out — as some bloggers have — that something in food also has an industrial use," he says. "It's important to turn down the chemophobia; and yet on the other hand, it's healthy to be fascinated by the fact that some of these things are made in chemical plants."



Steve Ettlinger's book *Ingredients* strips away the hype of food additives. DWIGHT ESCHLIMAN

Ecological detective
His new book, *Ingredients*, highlights 75 of the most common additives (there are thou-

sands) with periodic table-like photographs by Dwight Eschliman to explain how they were invented, where they're

made and what they do. Ettlinger describes the writing process as having to become the "determined ecological

detective" of The Omnivore's Dilemma to tell the stories of these ingredients on a high school science level. "Just as there's a terror for Beaujolais, I wanted to see if the same was true for polysorbate 80," he says.

What *Ingredients* doesn't do is take sides on whether an additive is healthy or not. "An observational perspective can help educate people without conclusions and emotions," explains Eschliman.

Without the baggage of hysteria, what's left is admiration for the ingenuity of additives — and surprise at how the "natural" and "artificial" worlds can blur. Many additives are derived from sources like kelp, while products once thought of as waste now have rock star status, like whey.

Additives also evolve — partially hydrogenated vegetable oil no longer contains trans

fats — while lab-made ingredients could be doing the heavy lifting that would be much more expensive, and possibly more harmful, than their natural alternatives, like artificial sweeteners versus sugar.

'Chemophobia'

Though the book acknowledges that "everyone should know to eat mostly fruit, vegetables and whole grains," that doesn't justify knee-jerk "chemophobia" just because an ingredient sounds "chemical-y." Take, for example, dihydrogen monoxide. Sounds sinister, doesn't it? As *Ingredients* points out, it's in everything from paint to acid rain. It's even fatal in large enough doses, and inhaling it can kill you, too. Yet, none of us would be alive if it weren't for good old water.

The forces that decide what foods end up on shelves are both scientific and political, with a patchwork of agencies trying to keep up with the pace of innovation. If *Ingredients* has one call to action, it's this: Being an educated consumer is the healthiest choice you can make.



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Rose Reisman EAT THIS

You know you're going to eat fast, so next time choose this not that

THIS WEEK: Tim Hortons

It's said that breakfast is the most important meal of the day, and judging by the morning lineups at coffee shops and fast food joints, Canadians sure love their a.m. food fix. With the morning rush, most people are looking

for a tasty and filling breakfast. Beware of those that may be disguised as healthy but are loaded with calories, fat and sodium. A steady diet of these meals can raise the risk of stroke and cardiovascular disease.

✓ PICK THIS



English muffin, egg and cheese

Ingredients

English muffin, egg and cheese

Calories 270

Fat 10 g

Saturated fats 5 g

Sodium 610 mg

✗ SKIP THIS



Sausage bagel BELT

Ingredients

Twelve grain bagel, sausage patty, egg patty, processed cheese, lettuce and tomato

Calories 580

Fat 26 g

Saturated fats 10 g

Sodium 1160 mg

= HERE'S WHY



The fat equivalent of 26 Honey Dip Timbits

The Sausage Bagel BELT may be served on a twelve grain bagel, which does increase the fibre, but the bagel alone has 350 calories, 9 g of fat and 530 mg of sodium! An English muffin only has 120 calories, 1 gm of fat and 200 mg of sodium. The sausage also adds excess calories, fat and sodium. Think of this bagel breakfast being equivalent to 26 Honey Dip Timbits in fat. That's almost half your daily intake of fat before noon!

Tangy tea's alcohol level causes clash

REGULATIONS

Kombucha dealers push back against fines in U.S.

A tangy fermented tea called kombucha has moved from the natural foods aisle to the mainstream. But it's also moved into the hot seat amid renewed concerns that it can contain low levels of alcohol.

Five years after alcohol levels detected in kombucha prompted nationwide recalls, U.S. federal authorities again are warning producers to relabel their products to indicate alcohol content or face fines. But this time around dozens of producers are resisting, and have asked for new federal tests to help them avoid running afoul of alcohol laws.

Kombucha is a tea that has been fermented with bacteria and yeast, giving it a tart, vinegar-like zip and high levels of bacteria that some consider to



Kombucha, a fermented tea, can contain 0.5 per cent alcohol, landing it in the sights of the U.S. authorities. ISTOCK

impart health benefits.

Its popularity in recent years has landed kombucha in the sights of the U.S. Alcohol and Tobacco Tax and Trade Bureau. That's because the fermentation process can give the drink too much alcohol for it to be legally sold as a non-alcoholic beverage.

Kombucha makers complain that the alcohol threshold that triggers the law — 0.5 per cent — is too low to intoxicate people.

Kombucha tea naturally walks the line of what federal author-

ities consider an alcoholic beverage. Yeast and sugars in the tea create both the desired bacteria and alcohol. A kombucha tea can edge toward 1 per cent alcohol if it is aged and not refrigerated.

Kombucha brewers say the agency needs a new alcohol test specific to fermented drinks. They say the commonly used test to determine alcohol by volume doesn't account for naturally occurring sediment in kombucha, from bits of tea leaves to strands of yeast. THE ASSOCIATED PRESS



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Louie Domestic Medium Hair

Ten-year-old Louie is currently being spoiled in a foster home. Although he is an older cat, he behaves like a rowdy kitten. Louie is affectionate, very playful and although he can sometimes play rough, he's easy to tame down when he gets a bit too rambunctious. He is still getting used to being picked up, but will quickly approach you as he enjoys affection. Louie likes human company and is very curious about his surroundings. If you like a cat with a bit of spunk, Louie just might be the boy for you.



For more information on Louie and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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LEARNING CURVE

Find a study style that works for you

With midterms around the corner, panic may be setting in for students who have been procrastinating. But there is still time to study effectively, says Joanne Dominico, a learning strategist at Toronto's Centennial College.

"Students should be reviewing notes regularly within 24 hours of each class and at the end of the week because it helps to commit concepts from short- to long-term memory," she says. "But procrastination is so common that a major review can be done one to two weeks beforehand."

To successfully use the time left before midterms, Dominico suggests setting a study schedule that allows for breaks and contains goals, as well as a list of exam topics so you can cover your weakest areas first. That way, if you run out of time, you will have studied the topics with which you were least familiar.

"Writing things down will make you more likely to do them," she says. "Also, studies show people who break up study times into smaller segments tend to retain more. Add 10-minute breaks for every hour of study. They'll also give you a chance to check your phone, which should be on silent."

To maximize study times, Dominico says, try well-known methods, such as the SQ3R



SHUTTERSTOCK

strategy for reading textbooks, which can easily be applied to midterm prep.

"The first 'S' is for survey, so scan the intro, bolded points, graphs and conclusion," she says. "The 'Q' stands for question. Most textbooks have questions, which you use to make flashcards. The first 'R' stands for read. As you read, you look for the answers,

which keeps you interested. When you find an answer, write it on the flashcard. Then recite out loud and review."

You should also remember, Dominico says, that you aren't alone. Check out your school's website or library to see what services are available.

And once midterms are over, Dominico

advises using the results to determine whether you need to rethink the way you prepare.

"If you're happy with your results, keep doing what you're doing. If not, you can tweak how you study until you find a style that works for you."

— Izabela Szydlo

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HEALTHY HABITS FOR LIFE

Each year, freshman 15, a term used to describe the supposed weight that students gain during their first year of college or university, dominates discussions on student health.

However, says one expert, the focus shouldn't be on weight, but instead on forming lifelong healthy behaviours.

"The invincible student will age and habits will come back to bite them in the butt, so it's not just about preventing that 15 pounds now, but that heart attack at 40," says Sara Kirk, a professor of health promotion at Dalhousie University.

"We have to recognize what is influencing us because until the environment and our prompts change, making healthy decisions

will take a conscious effort."

Kirk points to culprits such as sleek advertising and a food industry that is in the business of consumption and has hijacked terms such as "in moderation" as dominant influencers. She says, rather than the arbitrary "in moderation" mantra, the 80-20 rule is a much better method on which to base your nutritional decisions.

"The 80-20 rule states that 80 per cent of the time you focus on good-for-you foods and 20 per cent of the time you have the freedom to indulge," she says. "Also, think about your day and find opportunities to make room for fitness. For example, take time between classes to go for a walk."

— Izabela Szydlo

LEARN TO THINK ON YOUR FEET

A career in events promotions and management is fun and rewarding, but it's also a lot of work.

Event planners are responsible for all of the details necessary in making an event successful, and daVinci College is the only college in Halifax to offer this unique program.

"Students enrolled in the event and promotions management program will be trained in the complete process of developing, planning, managing, executing and evaluating a successful event," says Janice Currie, director, daVinci

College. "This includes creating themes, understanding regulations and licensing, managing logistics, promoting, and hosting the event."

Students learn to manage events in festivals, tourism, music and entertainment, fundraising, and sports. Students will be trained in business communications and best business practices, from building a budget to building a business.

"Most importantly, they learn to think quickly on their feet to deal with the unpredictable in this fast-paced industry," Currie

says. "The skills that are developed are also transferable so that graduates are job ready with confidence in their abilities."

Students also gain first-hand experience managing a variety of events during their training. For example, the class recently organized the daVinci PHASE fashion show.

"If you are creative, outgoing, detail-oriented, and love to be in control, you have what it takes to be a leader in event management," Currie says.

For more, visit davincicollege.org.



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Let co-curricular activities work to your advantage

Sometimes, what you learn in class is not enough to make you stand out in the workforce. At Saint Mary's University (SMU), the co-curricular record (CCR) was created in 2013 to recognize students for their involvement in co-curricular activities and to promote hands-on learning.

"The CCR captures students' university experiences and offers an opportunity

for students to develop soft skills through hands-on opportunities," says Alex Krimer, co-curricular record co-ordinator. "The CCR is a formal university-verified account of students' experiences and achievements that focuses on experiential learning activities and learning outcomes."

Since the launch, more than 100,000 hours have been logged by students and verified by

the university. Students have an opportunity to track their involvement and achievements in the following categories — student societies, volunteer work, personal and professional development, sports, leadership, and co-curricular awards.

Designed mainly for undergraduate students, it is also being utilized by recent graduates and graduate students.

To complement this program, the Sobey School of Business passport program was developed to add incentive and signal the importance of the high-calibre speaking events at the school.

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Help care for others

Employers are aggressively seeking new continuing care assistants, and Success College has partnerships with local organizations to assist with recruiting.

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As one of the many employers who hire Success College graduates, Paramed offers graduates both part- and full-time employment opportunities, medical and dental benefits, competitive wages, opportunities for further training, and much more.

For graduates seeking full-time opportunities with Paramed, there is also an exciting opportunity for work with a minimum of 75 hours to a maximum of 80 hours biweekly in the St. Margaret's Bay Area, Prospect, Peggy's Cove, Hubbards, Windsor, Lake Echo, Porters Lake, North Preston, Musquodoboit, and Sambro areas, where you will receive travel time pay of \$29 per day.

After six months of full-time employment, you will receive a total of \$400. The first \$200



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will be after three months, and the second \$200 after the end of the six-month period.

Part-time work in the same areas is also available. After six months of part-time employment, you will receive a total of \$200. The first \$100 will be after three months and the second \$100 after the end of the six-month period.

This is just one example of the many employees who are looking to hire CCA graduates from Success College.

For more, visit successcollege.ca.

MAKE A POSITIVE IMPACT ON ANIMAL WELL-BEING

The new veterinary technology program at Maritime Business College (MBC) is the first and only one of its kind in the Halifax Regional Municipality.

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This new program will give you the skills and knowledge you need to pursue a career in veterinary practices, health science schools, hospitals, research institutes, the food industry, wildlife services, zoological parks, government agencies, and industry sales.

Classroom training takes place at the MBC campus, while clinical training takes place at the Metro Animal Emergency Clinic in Burnside Park.

Dr. Emily Reiner joined this program in 2015 and became the program's director in



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January, bringing a wealth of knowledge and experience to the program.

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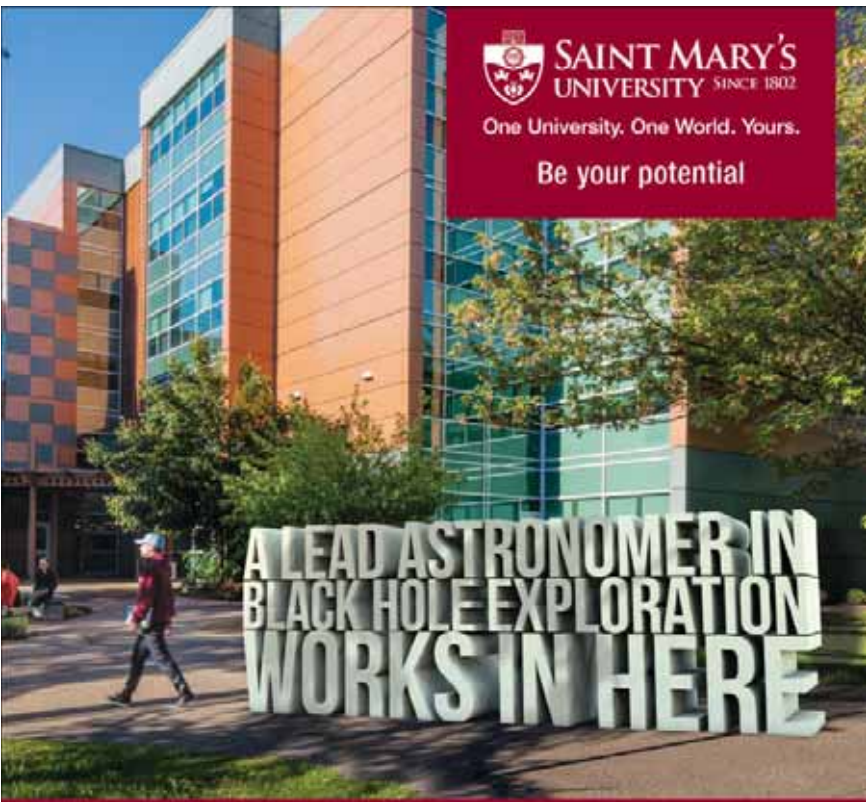
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'We beat ourselves,' say remorseful Mooseheads

QMJHL

Herd's defence left goalie Resop high and dry in Tigres victory



Kristen Lipscombe
Metro | Halifax

It may have been the Victoriaville Tigres who skated away with a 6-1 win, but the Halifax Mooseheads all seemed to agree on who really defeated them Friday night at the Scotiabank Centre.

"We beat ourselves," Herd rookie forward Barrett Dachyshyn, 17, said after a rough game in front of 6,008 spectators that ended with salt being rubbed into the wound, by way of a shorthanded breakaway goal from Tigres forward Mario Huber with less than five seconds left on the clock. "We left Kevin (Resop) to hang out to dry there," the 174-pound, six-foot-two centreman from Halifax said of the Mooseheads goaltender, who made 18 saves, despite the Tigres' ability to get the puck past Halifax's blue line to score at least half of their goals without any Mooseheads back to help out.

"We've got to tighten up

+ THREE STARS

Timo Meier of the Halifax Mooseheads (No. 3) impressed, along with Bradley Lalonde (No. 2) and Carl Marois (No. 1) of the Victoriaville Tigres.

on making the right passes," Dachyshyn said, adding a combination of "bad bounces" and poor turnovers resulted in the six goals against.

"Just making too many little mistakes led to their goals," he said. After a scoreless first period, Victoriaville forward Pascal Laberge opened it up just over two minutes into the second with an unassisted marker all alone in Halifax's end.

The Herd answered back a couple of minutes later on a pretty power-play goal from captain Timo Meier, with defenceman Cavan Fitzgerald and forward Otto Somppi both chipping in on the play, but that would be the lone Mooseheads goal of the night.

"I passed it to Cavan, and he passed it to Timo, and he shot it," Somppi, a six-foot-one, 181-pound import from Helsinki, Finland, said outside the dressing room.

Somppi's assist was his 11th of the season, putting him in the team lead for that category. He also has one goal, but said



The Halifax Mooseheads crash the Victoriaville Tigres net Friday night at the Scotiabank Centre.

DAVID CHAN/CONTRIBUTED

he's determined to take "more shots" to help get the Herd on the scoreboard more.

For the Tigres, forward Carl Marois had a hat trick, including one goal on a five-on-three power play. Jacob Lapierre notched one in the middle frame, also with the man-advantage. Samuel Blais and Bradley Lalonde both had

two assists, while Olivier Tremblay made 31 saves.

"It was our fault that we lost," Somppi, 17, said, adding the Herd talked about refocusing for its next game, on the road against the Acadie-Bathurst Titan next Wednesday night.

"I think it's time to grow up, and get used to the pace and

speed of the guys," Dachyshyn agreed. The Mooseheads have a 2-7-1-1 record so far on the 2015-16 season, putting them in 15th place of the Quebec Major Junior Hockey League, and in fifth place of the Maritimes Division.

"We're close to the bottom of the standings, so we have to pick up our slack," he said.

AUS IN BRIEF

HOCKEY

The Saint Mary's Huskies are up one in their Halifax hockey rivalry for the 2015-16 season. They beat the Dalhousie Tigers 4-1 at the Halifax Forum on Saturday.

Bradley Greene, Kyle Pereira, Francis Menard and Stephen Shipley scored for Saint Mary's, while Fabian Walsh notched the lone goal for Dalhousie, according to the official game sheet.

Also in Atlantic University Sport action, the Moncton Aigles Bleus beat the St. Thomas Tommies 4-1 on Thursday, while the St. Francis X-Men defeated the Acadia Axemen 3-1 and defending conference champions UNB Varsity Reds romped the UPEI Panthers 8-2, also both on Saturday.

KRISTEN LIPSCOMBE/METRO

FOOTBALL

Another weekend of Atlantic University Sport football, another loss for the Saint Mary's Huskies.

The Halifax university squad fell 47-9 to the Acadia Axemen at home Friday night, in what was its fifth straight loss of the 2015 season.

Nickolas Bynkoski of the Axemen was named player of the game for going 19 for 23, with 262 yards and four touchdowns, according to atlanticuniversitysport.com. Saint Mary's QB Trevor Erdmann went 13 for 17 with 157 yards and a touchdown.

KRISTEN LIPSCOMBE/METRO

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Blue Jays withstand Texas heat

MLB PLAYOFFS

Toronto finds its power stroke to send series home

After twice being on the brink of playoff extinction, the Blue Jays are now one win away from the American League Championship Series.

Backed by early Josh Donaldson, Chris Colabello and Kevin Pillar home runs, R.A. Dickey and David Price combined for 7-2/3 innings as Toronto defeated the Texas Rangers 8-4 to tie their AL Division Series at two games apiece.

The deciding Game 5 goes Wednesday at the Rogers Centre, with hope of a happy ending for Toronto's first foray into the playoffs in 22 years. The home team has yet to win in the series.

Price relieved Dickey with two outs in the fifth and the Jays leading 7-1, meaning Marcus Stroman will likely start Wednesday in what could be a rematch of Game 2 against Cole Hamels.

Price threw 50 pitches over three innings, giving up three runs on six hits with two strikeouts. Aaron Sanchez and Roberto Osuna finished it off for the Jays.

Toronto outit Texas 12-11.

It was Price's first relief outing in five years. He made five playoff relief appearances in 2008 with Tampa Bay.

The six-foot-six left-hander, the losing pitcher in Game 1,



Blue Jays designated hitter Edwin Encarnacion scores under Rangers catcher Robinson Chirinos on Monday in Arlington, Texas. TONY GUTIERREZ/THE ASSOCIATED PRESS

is now 2-6 all-time in the post-season. The two wins are both as a reliever and the six losses all as a starter.

After losing the first two games 5-3 and 6-4 in 14 innings in Toronto, the Jays had taken one step out of the hole they had dug themselves when they defeated Texas 5-1 Sunday on the strength of Troy Tulowitzki's three-run homer.

ALDS Game 4



On Monday, they smacked the Rangers about from the get-go. Texas' ever present Never-Quit Twitter hashtag suddenly was the Jays' domain.

Toronto led 3-0 before Dickey set foot on the mound. It was 4-0 after two innings and 7-1 after three. Things settled down after that.

The Jays, who managed three home runs in the first three

games, matched that total in two innings Monday for a franchise playoff record. It marked the first time the Blue Jays have hit three homers in a post-season game. The team had nine two-homer games.

Rangers third baseman Adrian Beltre returned to the lineup after leaving Game 1 with a lower back strain and had a pair of hits. THE CANADIAN PRESS

+ APOLOGY

Reynolds said he meant no harm with comment

Television broadcaster Harold Reynolds apologized on Monday and said that he didn't mean to upset Canadians with a comment he made during Game 3 of the series.

After a foul ball by Blue Jays outfielder Jose Bautista in the fourth inning of Sunday's 5-1 win, the FOX commentator said "there's not a lot of people that grew up playing baseball in Canada, they're not used to catching a lot of balls in the stands ... not many people catching that one, anyway."



Harold Reynolds

GETTY IMAGES

"Sorry Canada, whole country, if I offended you for that," Reynolds said Monday in an interview on Sportsnet during the pre-game show in Canada. "I'm well aware of the baseball players that have come out of there."

He added he was unaware of the controversy until former NL MVP Larry Walker of Maple Ridge, B.C., called him Monday morning. THE CANADIAN PRESS

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MLB PLAYOFFS

Royals rally to force Game 5

Astros shortstop Carlos Correa couldn't handle a deflected grounder that might have been a double-play ball, helping the Kansas City Royals rally for five runs in the eighth inning to beat Houston 9-6 Monday and force their playoff series to a decisive Game 5.

Correa homered twice, doubled, singled and drove in four runs in Game 4 of the AL Division Series. Houston took a 6-2 lead into the eighth, but a tough error charged to the 21-year-old rookie keyed the Royals' comeback to even the matchup at two games apiece.

Game 5 will be back in Kansas City on Wednesday night. Johnny Cueto is set to start for the Royals against Collin McHugh.

Colby Rasmus homered for Houston, his fourth in five playoff games this October.

Salvador Perez hit a two-run homer in the second to give the Royals an early lead.

THE ASSOCIATED PRESS

Isles stay afloat in Brooklyn

NHL

Tavares leads team to first victory in its new home

Though it was only their third game of the season, the New York Islanders felt a great sense of relief on Monday.

John Tavares had a power-play goal and added two assists and the Islanders beat the Winnipeg Jets 4-2 on Monday afternoon to earn their first victory in Brooklyn.

"I think we're most excited for ourselves," said forward Ryan Strome, who opened the scoring with a power-play goal at 19:48 of the first period.

"It's great for Brooklyn and great for the fans who have been loud and supportive."

Thomas Greiss made 22 saves and the Islanders sent the Jets to their first loss in three games this season.

The home team came out with purpose after losing their opening two games of the season to the defending champion Blackhawks, one in overtime at



Islanders goaltender Thomas Greiss makes a save on the Jets' Nikolaj Ehlers in Brooklyn on Monday. BRUCE BENNETT/GETTY IMAGES

home and the other in regulation in Chicago.

"We seemed to be more in sync and we were hungry on the puck," Tavares said. "There was a lot more familiarity here and that made a big difference."

The Islanders outshot the

visitors 16-6 in the opening period and had a 20-9 shots advantage in the second. Jets goaltender Ondrej Pavelec made a number of key saves in the first as the Islanders had four power-play chances.

Strome banged in a rebound

with a man advantage with 12 seconds left in the first, giving the Brooklyn matinee crowd a chance to launch their standard "Yes! Yes! Yes!" chant.

Brock Nelson made it 2-0 on a wrist shot from the right wing at 6:46 of the second after Tav-

+ MORE SCORES

Lightning 6, Bruins 3

Steven Stamkos scored his 500th career point with a tiebreaking power-play goal, and Brian Boyle scored two goals in Tampa Bay's victory.

Sabres 4, Blue Jackets 2

Rookie star Jack Eichel scored a nifty unassisted goal that stood as the game-winner and coach Dan Bylsma earned his first victory with Buffalo.

ares slid him the puck from the left side. Defenceman Johnny Boychuk also assisted on Nelson's first goal of the season.

Tavares increased the margin to 3-0 at 10:45 of the second after Pavelec stopped Marek Zidlicky's shot from the point and the rebound came to Tavares perched to the goaltender's left.

Josh Bailey added an empty-net goal with 19 seconds left after Mark Scheifele and Dustin Byfuglien scored for Winnipeg.

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RECIPE Roasted Pork Tenderloin with Sweet Potatoes and Apples



PHOTO: MARYA WISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada



Don't bother telling people how easy this is to make! **Serves 4**
Prep time: 50 minutes

Ingredients

- 3 Tbsp Dijon mustard
- 3 Tbsp maple syrup
- 2 Tbsp apple cider vinegar
- 1 large apple, peeled, cored and chopped into 1/2 inch wedges (use a firm apple like Gala or Honey Crisp)
- 2 tsp thyme, finely chopped
- 1 smallish sweet potato, peeled and chopped into 1/2-inch discs
- 1 onion, peeled and sliced into 1/4 inch rounds
- 1.25 – 1.5 kg pork loin
- Salt and pepper

Directions

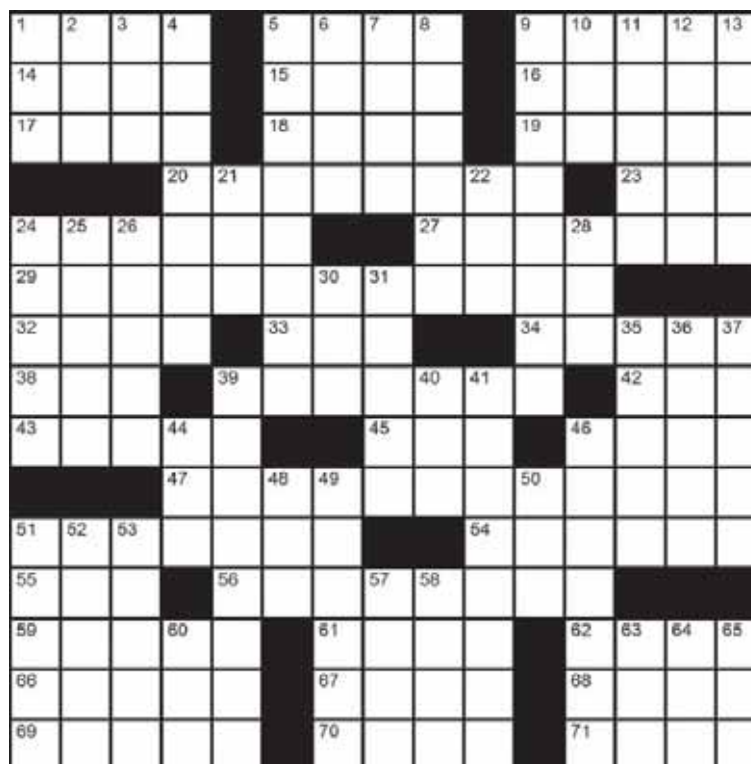
1. Preheat the oven to 425 degrees. In a small bowl, mix 1 Tbsp Dijon, 1 Tbsp maple syrup, 1 Tbsp vinegar.
2. Assemble apples and vegetables in two rows in a roasting pan, alternating onion, sweet potato and apple. Brush marinade over everything. Roast 25 minutes.
3. Mix the rest of the Dijon, syrup, vinegar and thyme. Season pork with salt and pepper then brush marinade all over. Take roasting pan out of oven and place loin in between the two rows of fruit and veg. It's fine if they overlap. Place back in oven 20 to 25 minutes. The internal temperature of pork should be between 140 and 145 degrees.
4. Take everything out and cover with foil and let meat rest about 10 minutes before serving.

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Winnipeg hockey players
5. WWI fighter plane
9. Shocked reactions
14. Buffalo's lake
15. British band, _ Shaker
16. Enjoy the meal: 2 wds.
17. Hay bundle
18. Mr. Roddick of tennis
19. "Ta-da!"
20. Ink-and-needle artist
23. Questionnaire query
24. Peter of "The Lion in Winter" (1968)
27. Spotted
29. First Nations celebrity chef: 2 wds.
32. Story told backwards?
33. "It's _ brainer!"
34. "No More _" by Mary J. Blige
38. Little 'little'
39. Puzzle
42. The White Stripes drummer
43. Western prop
45. Fitness system, _ Bo
46. Plant that's been on the Earth for millions and millions of years
47. Touchdown-getter's celebratory display: 3 wds.
51. Prehistoric supercontinent
54. Namesakes of TV personality Ms. Fuentes
55. Toronto museum



[acronym]

56. Can be torn, as paper
59. _ boom
61. Mountain lion
62. Canadian basketball great Steve
66. Pledge of faithfulness, in times

of yore

67. Mr. Clapton
68. "Farewell!"
69. Flip
70. Computer's resting spot
71. Thus

DOWN

1. 2016 US Presidential candidate, _!
2. Pitcher's stat.
3. Blue Rodeo's " _ I Am Myself Again"
4. Make sure the task gets done: 3 wds.
5. Rideau Canal _ (Wintertime attraction in Ottawa)

tion in Ottawa)

6. Type of football kick
7. Montreal-headquartered footwear retailer
8. Saturday or Sunday, to business week workers: 2 wds.

9. Prepare: 2 wds.
10. "Fan-tast-ic!"
11. Montreal _ Spice (Type of seasoning)
12. Cleanse
13. Velocity
21. Municipal council member, e.g.
22. Furniture wood
24. Entertainment journalist Nancy
25. Ms. Shire of "Rocky" (1976)
26. Long circles
28. Train co. headquartered in Montreal
30. Pluralised switch position
31. 6/49 or Max
35. Last words in prayers
36. 2008 hit song for Duffy
37. Choreographer Ms. de Mille
39. The Queen's system
40. 'Paris' suffix
41. Market research information
44. Section, for short
46. Tin-glazed earthenware
48. Agnus _ (Lamb of God)
49. Handled a laser
50. NBA's Mavericks, on scoreboards
51. Histories
52. Shopping venue of ancient Greece
53. Taboos
57. Genuine
58. Quebec 'friends'
60. " _ So Easy!" by The Crickets
63. Oxygen
64. Droop
65. "Yoo- _!"

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
The more you try to force events in one direction the more they seem to move in the opposite. Today's new moon in your opposite sign is an invitation to go with the flow. It won't be so bad.

Taurus April 21 - May 21
There is a strong possibility that partners, friends and even work colleagues will be opposed to what you want to do today. Being the stubborn Taurus you are that will only make you more determined to do it.

Gemini May 22 - June 21
You will one day be glad that you were forced to make certain changes, and if you stop struggling and work with them today you will benefit financially and professionally.

Cancer June 22 - July 23
Keep doing what you are doing and keep believing that your input makes a difference. Remember though that a job well done is a job you should also be paid for.

Leo July 24 - Aug. 23
Make this the day you throw out all the emotional junk you have acquired over the past six months or so. If a relationship has become too stifling now is a good time to start putting some distance between you.

Virgo Aug. 24 - Sept. 23
Pace yourself sensibly and make sure you are flexible so you can deal with whatever fate chooses to throw your way. What occurs is likely to catch everyone by surprise, but you will recover faster than most.

Libra Sept. 24 - Oct. 23
Don't give up on something just because it is proving difficult. Today's new moon in your sign indicates that if you stick it out a little longer you will get the breakthrough you have been hoping for.

Scorpio Oct. 24 - Nov. 22
Don't take it to heart if certain people seem to be avoiding you. It does not mean they no longer like you. The most likely reason is that they don't want to burden you with their woes.

Sagittarius Nov. 23 - Dec. 21
What happens over the next 24 hours will take most people by surprise, but not you. You have sensed for quite some time that a big change was coming, so you will be ready for it. Help those who take it hard.

Capricorn Dec. 22 - Jan. 20
You have no time for trivial ambitions and still less time for trivial people and what happens today and tomorrow will make it clear to everyone that you are a serious player.

Aquarius Jan. 21 - Feb. 19
Yesterday's Sun-Uranus link broke up something that once seemed so solid and stable and today's new moon will show you what is going to replace it. Chances are you will be delighted with this new state of affairs.

Pisces Feb. 20 - March 20
What happens over the next few days may be unsettling but if you keep your wits about you there is no reason why you should not profit from the situation. Use your Pisces sensitivity.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★★★★★

9/06

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CELEBRATION

WE'RE
CELEBRATING
AND AWARDING YOU
GREAT SAVINGS

0%
FINANCING
FOR UP TO
84 MONTHS
OR
\$7,000
IN DISCOUNTS
ON SELECT MODELS*

★ OFFER ENDS NOVEMBER 2ND ★



"HIGHEST RANKED COMPACT MULTI-PURPOSE VEHICLE
IN INITIAL QUALITY IN THE U.S." BY J.D. POWER

2015
SOUL 1.6L LX MT

Soul SX Luxury shown†

THAT'S LIKE PAYING ONLY
\$29^W WEEKLY
LEASE FROM **\$126^o** MONTHLY
\$0 DOWN AT **0%** APR FOR 60 MONTHS*
INCLUDES \$1,000 DISCOUNT*



2015 SORENTO
"HIGHEST RANKED MIDSIZE SUV
IN INITIAL QUALITY IN THE U.S." BY J.D. POWER

2016
SORENTO 2.4L LX FWD

Sorento SX Turbo AWD shown†

THAT'S LIKE PAYING ONLY
\$60^W WEEKLY
LEASE FROM **\$259^o** MONTHLY
\$1,800 DOWN AT **1.9%** APR FOR 60 MONTHS*
INCLUDES \$500 DISCOUNT*



SORENTO, SOUL



2015 IIHS TOP SAFETY PICK

SORENTO, OPTIMA, SEDONA, SOUL

Clef d'or "Best in Class"
L'ANNUEL DE L'AUTOMOBILE 2015
RIO, FORTE, RONDO



OPTIMA, SPORTAGE AWD, SOUL, FORTE, SEDONA, SORENTO



SORENTO



2016
RIO LX MT

Rio4 SX with Navigation shown†

THAT'S LIKE PAYING ONLY
\$19^W WEEKLY
LEASE FROM **\$84^o** MONTHLY
\$1,525 DOWN **0%** APR FOR **36** MONTHS*
INCLUDES \$1,500 DISCOUNT*



2015
OPTIMA LX AT

Optima SX Turbo shown†

WELL-EQUIPPED FROM
\$19,295*
INCLUDES
\$5,500*
IN CASH DISCOUNTS

GREAT OFFERS ON REMAINING
★ ★ ★ 2015 MODELS ★ ★ ★



The Power to Surprise

5 WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free
comprehensive warranty.

Atlantic Kia dealers
for Atlantic drivers.

See kia.ca for more

Offer(s) available on select new 2015/2016 models through participating dealers to qualified retail customers who take delivery from October 1 to November 2, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments exclude delivery and destination fees up to \$1,715, \$100 A/C charge (where applicable), other taxes, licensing, registration, insurance, variable dealer administration fees, fuel-fill charges up to \$100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. *0% financing for up to 84 months or up to \$7,000 discount available on other select 2015 models. Discount is deducted from the negotiated purchase/lease price before taxes. Maximum \$7,000 discount is offered on 2015 Optima Hybrid LX (OP744F) only. Certain conditions apply. See your dealer for complete details. Representative Financing Example: Financing offer available on approved credit (OAC), on a new 2015 Forte Koup EX AT (F0722F) with a selling price of \$22,495 is based on monthly payments of \$262 for 84 months at 0% with a \$0 down payment and first monthly payment due at finance inception. Offer also includes \$500 cash discount. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. *Representative Leasing Example: Lease offer available on approved credit (OAC), on new 2016 Rio LX MT (R0541G)/2015 Soul 1.6L LX MT (S0551F)/2016 Sorento 2.4L LX FWD (SR754G) with a selling price of \$14,295/\$16,995/\$27,495 is based on monthly payments of \$84/\$126/\$259 for 36/60/60 months at 0%/0%/1.9%, \$1,525/\$0/\$1,800 down payment, \$1,500/\$1,000/\$500 lease credit and first monthly payment due at lease inception. Total lease obligation is \$3,038/\$15,766/\$15,538 with the option to purchase at the end of the term for \$7,453/\$7,648/\$10,723. Lease has 16,000 km/yr allowance (other packages available and \$0.12/km for excess kilometres). *Lease payments must be made on a monthly or bi-weekly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. *Model shown Manufacturer Suggested Retail Price for 2016 Sorento SX Turbo AWD (SR751G)/2015 Soul SX Luxury (S0758F)/2015 Optima SX Turbo AT (OP748F)/2016 Rio4 SX with Navigation (R0749G) is \$42,095/\$27,295/\$34,895/\$22,595. The Kia Sorento received the lowest number of problems per 100 vehicles among midsize SUVs in the proprietary J.D. Power 2015 U.S. Initial Quality Study™. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The Kia Soul received the lowest number of problems per 100 vehicles among compact multi-purpose vehicles in the proprietary J.D. Power 2015 U.S. Initial Quality Study™. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed from February to May 2015. Your experiences may vary. Visit jdpower.com. The 2015 Rio/2015 Forte/2015 Rondo were awarded with the Clef d'or "Best in Class" by L'Annuel de l'Automobile 2015. Visit www.annuelauto.com for all the details. The 2016 Sorento/2015 Optima/2015 Sedona/2015 Soul were awarded the 2015 Top Safety Pick by the Insurance Institute for Highway Safety (IIHS) for model year 2016/2015/2015/2015. U.S. models tested. Visit www.iihs.org for full details. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). 2015 Kia Soul awarded ALG Residual Value Award for highest resale value in its class. Based on ALG's residual value forecast for the 2015 model year. ALG is the industry benchmark for residual values and depreciation data, www.alg.com. The all-new 2016 Kia Sorento was awarded the iF Design Award* for its outstanding design. The iF Design Award* is one of the world's most important prizes for excellence in design, www.ifdesign.de. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.